

CITY GUIDE TO MANCHESTER



Why Manchester?

Manchester is a city bursting with culture, energy, and character. Walking around Manchester you will find beautiful architecture and a variety of different restaurants, shops, and museums. There are also hidden gems around the outside of Manchester to explore with great scenic walks and days out such as Hebden Bridge. It's easy to get around the city with fantastic transport links including trams, trains, and buses. Make sure to keep an eye out for upcoming events in Manchester, from Manchester Pride to the Christmas Markets alongside many different music events.



Our Campus:

St James Building, 61-95 Oxford Street, Manchester, M1 6FQ

We are based on the 8th Floor where we have the Library, Student Services and the Welfare Team, and the 6th floor where we have more classrooms. Each floor has a breakout area to sit, socialise, have your lunch and there's also tea and coffee stations.

Transport

Trams (Metrolink)

Manchester has a tram system that covers most of the Greater Manchester area, which is split into zones. Tickets can be bought at machines on the platform, by contactless payments, or via the get me there app . St. Peters Square is the closest tram stop to our campus. www.tfgm.com www.getmethere.com

Buses

Manchester has a great bus network that can get you around Greater Manchester. Most buses accept contactless payments but if you need a Travelcard you can use on more than one bus company, or any combination of bus, train, and tram, then you can get a System One Travel. Buy DaySavers from the bus driver, or weekly and monthly travelcards from PayPoint retailers or TfGM Travelshops. **www.tfgm.com**

Trains

Manchester's main train stations are Manchester Piccadilly, Manchester Victoria, Manchester Oxford Road and Deansgate. All these stations have great networks to get you around the country. The nearest train station to our campus is Manchester Oxford Road station but Piccadilly Station is only an 11-minute walk away. www.nationalrail.co.uk

Тор Тір

- Buy a 7-day, 28-day or year-long Metrolink travel card to save time and money. If you're travelling less frequently download the get me there app to buy tickets online **www.getmethere.com**
- Buy a 16-25 OR 26-30 Railcard. For £30 save 1/3 on most rail fares to travel across Britain for a year.

Taxis

olt Bolt (mobile app in app store)

Uber Uber (mobile app in app store)



Street Cars Manchester - 0161 228 7878 or via mobile app (student discount available) **streetcarsmanchester.co.uk**



Healthcare

NHS

Find a GP and a dentist to register with at www.nhs.uk

Walk-in Centres

- Closest A+E, Manchester Royal Infirmary, Upper Brook Street, Manchester, M13 9NZ
- City Health Centre (Boots), Manchester Urgent Primary Care Hub, call 0161 839 6227 to arrange an appointment over the phone, video consultation or to arrange a in-person consultation.
- Primary Care Emergency Health Centre, (Near Royal Infirmary) Manchester Royal Infirmary, Oxford Road, Manchester, Greater Manchester, M13 9WL

Additional helpful information

- 999: emergency help (ambulance, police & fire brigade)
- S 111: non-emergency medical support
- **L** 101: non-emergency police support
- 112: emergency number for mobiles anywhere in the world

What3Words

Download the app to give your exact location to emergency services

Citizens Advice Bureau (CAB)

Citizens Advice provides free, independent, confidential, and impartial advice to everyone on their rights and responsibilities. www.citizensadvice.org.uk

Gyms

JD Sports

This gym is around the corner from the campus, has over 300 classes a month and even saunas in the changing rooms. Bridgewater House, Whitworth Street, Manchester, M1 6LT **www.jdgyms.co.uk**

Better Sugden Sports Centre

You'll find a gym, fitness classes, pitches, courts, and a sports hall less than a ten-minute walk from campus. Student discount is available on memberships. 114 Grosvenor Street, Manchester, M1 7HL www.better.org.uk

Entertainment

Palace Theatre

The Palace Theatre opened in 1891 and was originally known as "the Grand Old Lady of Oxford Street". Located next to campus you can be entertained by regular theatre shows. 97 Oxford Street, Manchester, M1 6FT **www.manchestertheatres.com**

Printworks

Based near the Arndale shopping centre opposite Exchange Square, there are many different things to do at the Printworks such as a trip to the cinema, crazy golf, bowling and a variety of food and drink options. Make sure to check out the student offers on the website before you go. 27 Withy Grove, Manchester, M4 2BS **www.printworks-manchester.com**

Arndale Centre

This is biggest shopping centre in central Manchester where you will find plenty of food and drinks venues and entertainment options. Manchester Arndale, Manchester, M4 1AZ **www.manchesterarndale.com**

Trafford Centre

Shop, eat and play at the Trafford Centre. You'll also find many other activities and events here. The Trafford Centre, Trafford Park, Stretford, Manchester, M17 8AA **www.traffordcentre.co.uk**

Manchester Art Gallery

Home to a collection of over 46,000 objects of fine art, decorative art and costume, this art gallery is located close to the campus. Enjoy free entry to the range of exhibitions. Manchester Art Gallery, Mosley Street, Manchester, M2 3JL **www.manchesterartgallery.org**

Science and Industry Museum

The Science and Industry Museum traces the development of science, technology, and industry with emphasis on the city's achievements in these fields. Entry to the museum is free. Liverpool Road, Manchester, M3 4FP www.scienceandindustrymuseum.org.uk





Football Museum

The National Football Museum is based in the Urbis building in Manchester city centre, and preserves, conserves and displays important collections of football memorabilia. Building Cathedral Gardens, Todd Street, Manchester, M4 3BG www.nationalfootballmuseum.com

Whitworth Art Gallery

An art gallery that also hosts multiple events and activities throughout the year, you'll find it next to Whitworth Park which has a small café. Entry is free. Oxford Road, Manchester, M15 6ER **www.whitworth.manchester.ac.uk**

Parks

Sackville Park

This park is based near the campus next to Canal Street with a tribute to Alan Turing, Whitworth St, Sackville St, Manchester M1 3WA

The Vimto Park

This park is another small park with a cool Vimto monument. - 39 Sackville St, Manchester M1 $3 \mathrm{WE}$

All Saints Park

This park is close to the campus opposite a lot of places to get some food such as pizza, noodles as well at the Vegetarian and Vegan based shop and café, The Eighth Day, Oxford Road, Manchester M15 6BX

Sale Water Park

You are able to get the tram straight to Sale Waterpark or drive which can take you on a nice walk surrounded by trees and nice views and has a little café and family pub, Rifle Road, Sale M33 2LX

Student Discount Information



UNiDAYS - Fast, free, exclusive discounts for students **www.myunidays.com**

TOTUM - The #1 UK Student Discount Card and App **www.totum.com**

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Student Beans - Free Student Discounts www.studentbeans.com

Culture Shock

We know it can be scary coming to a new country or city to live, especially when you have to learn to adapt to a new or different culture and way of living. Culture shock may be experienced from the way people speak and behave, their values and beliefs, and even their clothes and food.

This is something which is completely normal to experience but sometimes it can be hard to adjust. It is important to find things that are familiar for you whether that is an activity, sport, or food. You are not alone though and if you find yourself struggling to adapt, the Welfare Team are here to support you.

Contact

The Welfare Team on 0121 756 9578 or email: qahe.welfare@qa.com

We have more information and a range of useful guides on our website: **www.qahighereducation.com/welfare**