Safeguarding
and Wellbeing

CITY GUIDES BIRMINGHAM

Start reading...

CITY GUIDE TO BIRMINGHAM

Birmingham is Britian's second largest city and more than 200 years ago, Birmingham was the birthplace of the industrial revolution. It offers a vibrant mix of culture, creativity, and community spirit. The city has a thriving art and music scene. Alongside a rich musical heritage that continues today with live gigs, festivals and independent venues.

The food scene is one of the most diverse in the UK, offering everything from Michelin-Starred dining to authentic street food and global cuisines. Birmingham is a haven for food lovers.

Our campus

Louise Ryland House, 44 Newhall Street, Birmingham, B3 3PL, Our main entrance on Edmund Street, leading into the building at level 1.

Our Birmingham campus has a great location on Colmore Row, Birmingham's business district and is close to the main train stations, New Street or Snow Hill

The first floor includes Student Service desk, Library, and Welfare Room. Throughout the building, floors 0-4 offer a range of breakout areas where you can study, relax, eat, and access tea and coffee stations.

TRANSPORT IN BIRMINGHAM

Trains

New Street Station: less than a 5-minute walk away from the campus. There are many shops and food outlets located in and around the station.
Station Street, Birmingham, B2 4QA

Moor Street Station: less than 10 minutes away from campus, located behind the Bullring.
Moor Street, Holloway Circus, Birmingham, B4 7UL

Snow Hill Station: a 6-minute walk from campus, it can be found on the historic Colmore Row.
7 Colmore Row, Birmingham, B3 2BJ

Trams

Birmingham has a tram network that can link you to Wolverhampton, Birmingham, Dudley, Brierley Hill, Digbeth, North Solihull and Birmingham Airport. The closest stop to the campus is New Street.

Find out more

Bus and coach

Birmingham has a great bus network that can get you around the city.

Birmingham Coach Station can be found in Digbeth and offers options for travel around the UK.
Mill Lane, Birmingham, B5 6DD

With Network West Midlands, if you obtain a letter from student services of proof as a student, you can get a cheaper term pass via **nxbus app**.

Find out more

Taxis

We recommend Seven Sevens Taxi Service – **0121 777 7777**

You can pre-book taxis through **Bolt** or **Uber**.

Top Tip: Get a 16-25 or 26-30 railcard for £30, you can save 1/3 on most rail fares to travel across Britain for a year.

HEALTHCARE IN BIRMINGHAM

NHS

Find a GP and dentist to register with **here**.

Your nearest A&E:

Birmingham City Hospital

Dudley Road, Birmingham, B18 7QH

Nearest walk-in centres

Bath Row Medical Practice:
1st Floor, 30 Bath Row, Attwood Green Health Care Centre, B15 1LZ

Broadway Health Centre:
Cope Street, B18 7BA

Boots Sexual Health:
Umbrella Service, 66 High Street, B4 7TA

Summerfield Primary Care Centre:
134 Heath Street, Winson Green, B18 7AL

Additional information

- 999: emergency help (ambulance, police & fire brigade
- 111: non-emergency medical support
- 101: non-emergency police support
- 112: emergency number for mobiles anywhere in the world

What3Words:

Download the app to give you exact location to emergency services.

Citizens Advice Bureau (CAB):
Citizens Advice provides free, independent, confidential and impartial advice to everyone on their rights and responsibilities.

Gyms

Pure Gym, Arcadian Centre

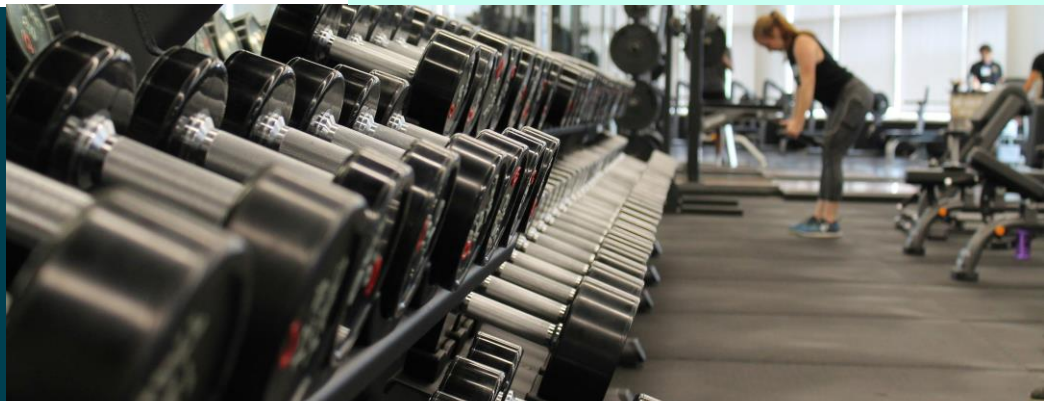
Chaplin Court, 80 Hurst Street, Birmingham, B5 4TD

Find out more

Anytime Fitness, Paradise Circus

Paradise View, 28 Paradise Street, Birmingham, B1 2BJ

Find out more



ENTERTAINMENT IN BIRMINGHAM

Cineworld

Watch the latest movies and treat yourself to some popcorn.

181 Broad Street, Birmingham, B15 1DA

Book tickets here

Hippodrome

Watch great shows and theatre performances here, only a 10-minute walk from campus.

Hurst Street, Southside, B5 4TB

Book tickets here

Alexander Theatre

See theatre shows and other events.

Suffolk Street, Queensway, B5 4DS

Book tickets here

Birmingham Library

The Library of Birmingham provides business and learning support. It also houses unique collections such as the Shakespeare Library within Archives and Collections.

Centenary Square, Broad Street, B1 2EA

Find out more here

Birmingham Museum and Art Gallery

Get immersed in art and culture, just around the corner from campus.

Chamberlain Square, B3 3DH

Find out more here

The Barber Institute of Fine Arts

Visit this stunning art deco building, home to an art gallery and concert hall.

University of Birmingham, B15 2TS

Find out more here

PARKS IN BIRMINGHAM

Pigeon Park

Only a few minutes from campus, this park has plenty of space to relax.

Cathedral Square, Colmore Row, B3 2QB

Eastside City Park

Covering almost 4 acres, this park has a range of facilities and is based near Birmingham City University. This is a 10-minute walk away from campus.

Curzon Street, Digbeth, B4 7AP

Cannon Hill Park

Well worth the 15-minute drive from campus, this park is a fantastic place to start a new adventure, from outdoor sports, games and rides, to shows and exhibitions.

Russell Road, Moseley, B13 8RD

Find out more

Birmingham Botanical Gardens

Just a 10 minute drive from campus a 15-acre historic green space featuring four Victorian glasshouses, the National Bonsai Collection, a bird aviary, and beautifully landscaped lawns.

Westbourne Road, Edgbaston, Birmingham, B15 3TR

Find out more

STUDENT DISCOUNT

UNiDAYS

Fast, free exclusive discounts for students.

Find out more

TOTUM

The #1 UK Student Discount card and app.

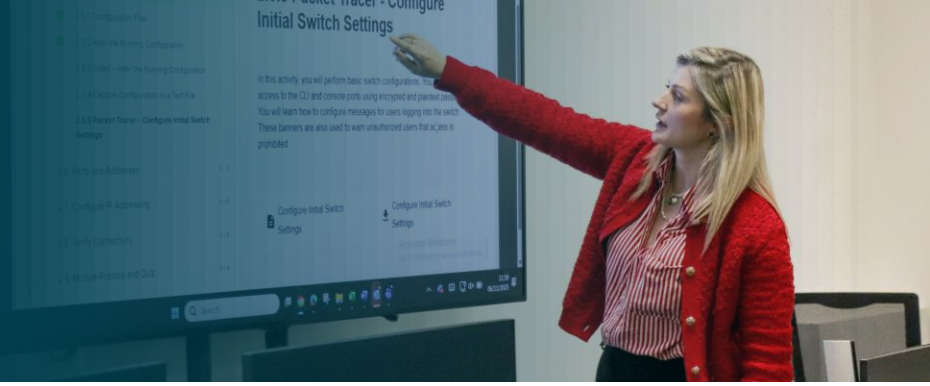
Find out more

Student Beans

Free student discounts

Find out more

CULTURE SHOCK



We know it can be scary coming to a new country or city to live, especially when you have to learn to adapt to a new or different culture and way of living. Culture shock may be experienced from the way people speak and behave, their values and beliefs, and even their clothes and food.

This is something which is completely normal to experience but sometimes it can be hard to adjust. It is important to find things that are familiar for you whether that is an activity, sport, or food. You are not alone though and if you find yourself struggling to adapt, the **Welfare Team** are here to support you.